Hi-Desert Swim Team

PO Box 238

Burns, OR 97720

541-573-2413

**Job Description**

We are searching for a reliable, trustworthy swimming coach to join our Hi-Desert Swim Team. The swimming coach’s responsibilities include analyzing swim techniques and determining skill levels, developing individualized swimming programs, educating swimmers on various techniques and styles, and overseeing training, and preparing swimmers for meets. This position is a part-time job coaching kids’ aged 8 through 18. Must be available in the mornings/evenings and a couple weekends out of the summer, (lakeview, burns and district meets). This position could run 3 hours a day. Currently the Swim Team practices in shifts at the pool based on swimming level, this includes 1 hour in the morning and 1.5 to 2 hours in the evenings, dependent on swim team member numbers. Pay and meet stiped to be determined at time of hire. Please send resumes to highdesertparkrec@gmail.com. Swim Team meeting 3-13-24 @ Park and Rec office at 5:30pm.

**Swimming Coach Responsibilities:**

* Determining ability and skill level before setting up training programs.
* Developing and implementing training programs that focus on improving technique, stroke placement, speed, and style.
* Teaching brand new swimming styles or strokes.
* Using a range of activities to improve water confidence.
* Analyze strokes, techniques, and monitor progress.
* Setting training goals and objectives for teams as well as individual swimmers.
* Teaching and perfecting skills like flips, kicks, body rolls, floating, and breath control.
* Preparing teams and individuals for swimming meets.

**Swimming Coach Requirements:**

* High school diploma.
* Completed courses in swimming instruction may be required.
* Relevant license or lifeguard certification required and background check.
* Ability to determine swimming level and analyze techniques.
* Strong organizational and management skills.
* Good knowledge of health and nutrition.
* Strong communication and interpersonal skills.
* A positive attitude and willingness to work with multiple age groups.

***To be successful as a swimming coach, you should be empathetic, patient, and understand that swimmers have varying abilities. Exceptional swimming coaches are those who place performance over results and can motivate and inspire.***